

# HIRALAL BHAKAT COLLEGE

(Affiliated to the University of Burdwan in Arts & Commerce Accredited by  
NAAC)

**P.O. – NALHATI, DIST. – BIRBHUM, W. B., Pin-731220**

*Ref No.:* -

*Date:*

## Notice

It is hereby notified for all concerned that the Department of Mathematics of Hiralal Bhakat College, Nalhati, Birbhum is going to organize one-day college level seminar on "Math Phobia: Steps to Overcome " in collaboration with Department of Philosophy, Bolpur College on 5th December, 2018 at 11 am at Room no. 18, Hiralal Bhakat College, Nalhati, Birbhum. All are requested to attend the said seminar positively.

Date: 30/11/24

*Sha.*  
Teacher-in-charge  
Hiralal Bhakat College  
Nalhati, Birbhum  
*Teacher-in-Charge*  
*Hiralal Bhakat College*  
*Nalhati, Birbhum*





**A COLLEGE LEVEL SEMINAR  
ON**

**MATH PHOBIA:  
Steps To Overcome**

**Date: 5th Dec, 2018.      12Noon**  
**Venue: Hiralal Bhakat College**

**Target Participants:      All Students Of Hiralal Bhakat College**

**Speaker:      Dr. Banshidhar Sahoo**

**Assistant Professor**

**Dept. Of Mathematics, Hiralal Bhakat College**

**Organised By**      Department Of Mathematics  
Hiralal Bhakat College  
Nalhati, Birbhum, W.B.





## COLLEGE LEVEL SEMINAR ON

### Math Phobia: Steps to Overcome



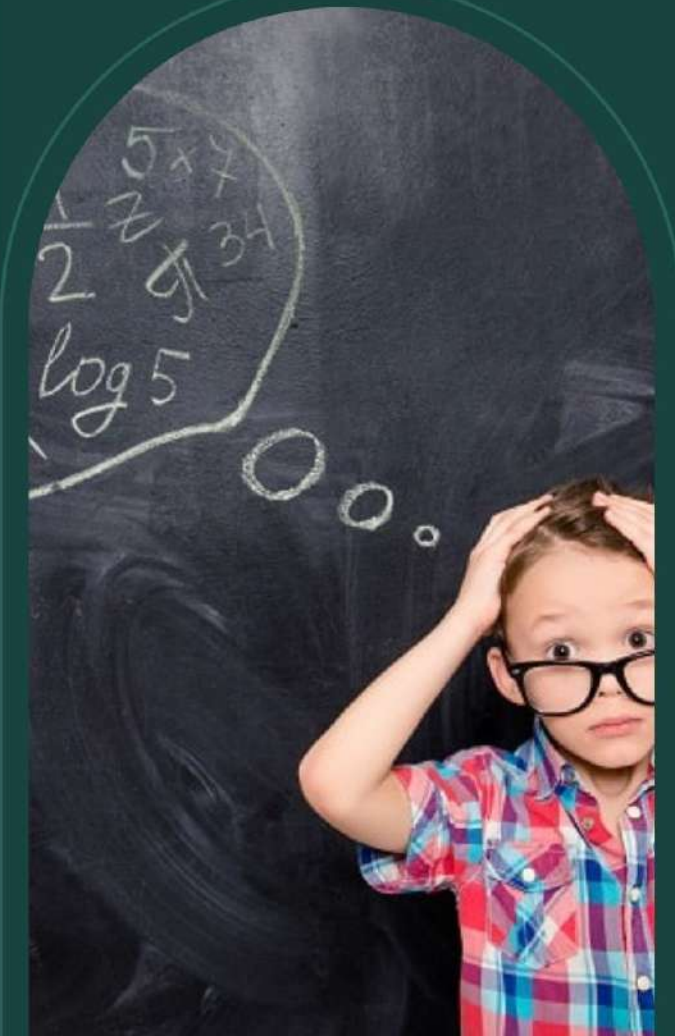
#### OBJECTIVE:

- (i) To raise awareness of the value of mathematics in society and in real life.
- (ii) To reduce Math Phobia from student's mind.
- (iii) To provide some simple and scientific tips for increasing interest on mathematics

5th December, 2018 at 11 am  
Hiralal Bhakat College, (Room  
No 23)

Faculty-In-charge

Dr. Banshidhar Sahoo  
Assistant Professor  
Department of Mathematics





# Hiralal Bhakat College

Nalhati, Birbhum, West Bengal, Pin 731220  
Estd. 1986

(Affiliated to the University of Burdwan and Accredited by NAAC)  
E-mail: [hbccollege@gmail.com](mailto:hbccollege@gmail.com) Website: [www.hbcnht.in](http://www.hbcnht.in)

## Seminar Report

Title of the Seminar	Math Phobia: Steps to Overcome
Type of the seminar	College level seminar
Faculty-In-charge	Dr. Banshidhar Sahoo Assistant Professor Department of Mathematics
Department	Mathematics
Date & Time	5 <sup>th</sup> December, 2018 at 11 am
Venue	Hiralal Bhakat College, (Room No 23)
Target Audience	All Students of all departments of Hiralal Bhakat College.
No of Participants	100

### OBJECTIVE:

- (i) To raise awareness of the value of mathematics in society and in real life.
- (ii) To reduce Math Phobia from student's mind.
- (iii) To provide some simple and scientific tips for increasing interest on mathematics

### BRIEF ABOUT THE EVENT:

The department of Mathematics organized a one day college seminar on the topic "Math Phobia: Steps to Overcome" on 5<sup>th</sup> December, 2018 in Room No 23 at Hiralal Bhakat College, Nalhati, Birbhum, WB. More than 100 UG students of all departments of the college attended the seminar. Our Honorable Teacher-in-Charge and Coordinator of IQAC at this college gave the introductory speech to kick off the seminar.

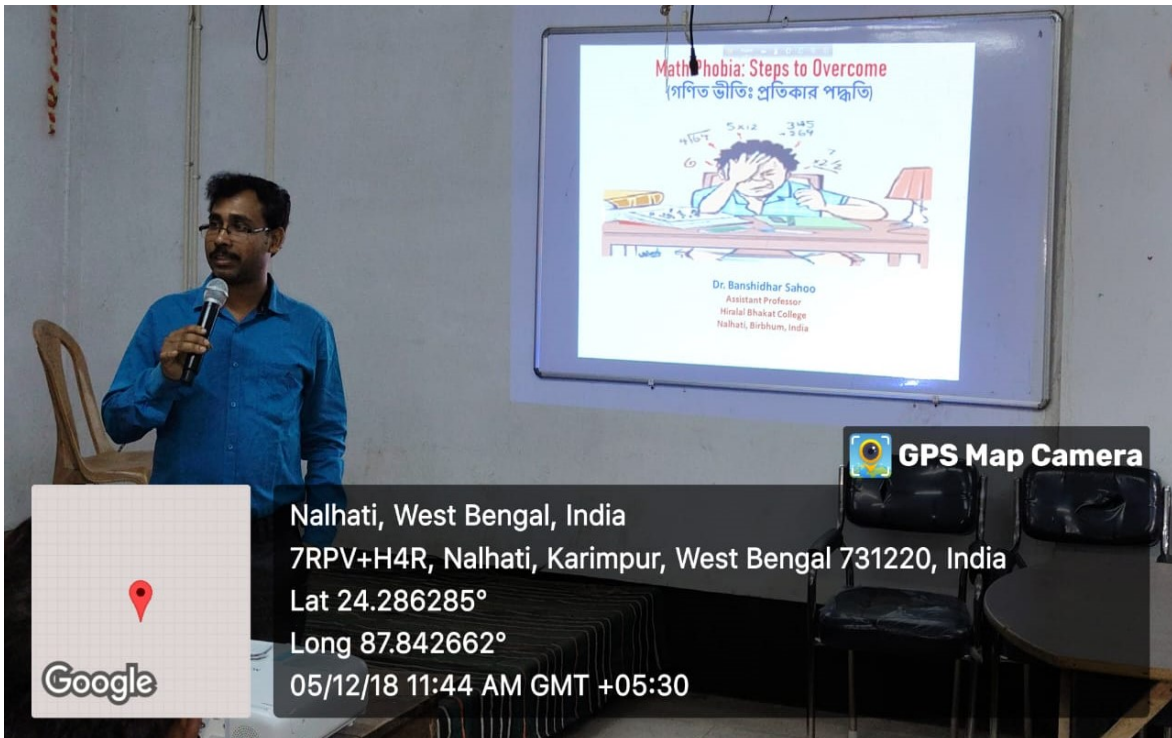
The speaker of this seminar was Dr. Banshidhar Sahoo, Assistant Professor in Mathematics, who has experiences of 10 years in teaching as he had worked in various schools and colleges as a teacher. Dr. Sahoo covered all the main causes of math phobia in students' minds. He provided some crucial and excellent advice on how to get over

math fear. He claimed that by teaching students short cuts for solving calculations, math anxiety could be entirely eliminated. The speaker asserts that the sutras on "Vedic Mathematics" can encourage students' interest in mathematics.


The seminar proved to be quite beneficial for the students as well as helpful in strengthening the approaches of teaching mathematics. All of the attendees expressed their gratitude for the seminar's ability to provide them with fresh approaches and advice on how to deal with their math fear. The seminar concluded with a vote of gratitude to each and every one of the attendees.

**Budget: 3500/- (Thirty Five Thousand only)**

**Photographs:**



# Student's Registration:


  
**Hiralal Bhakat College**  
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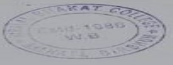
A college level seminar  
 on  
**Math Phobia: Steps to Overcome**  
 Organized by  
 Department of Mathematics


Venue: Hiralal Bhakat College (Room No 23) Date: 05/12/2018

**Student's Registration**

Sl No	Name of the Participants	Department	Signature
1	Nikita Das	History	Nikita Das
2	Sums Mal	Bengali	Sums Mal
3	Atomes Khatri	History	Atomes Khatri
4	Rozina Khatri	Pol. Sc. (Gen)	Rozina Khatri
5	Runa Khatri	Pol. Sc. (H. Govt)	Runa Khatri
6	Amil Saha	English	Amil Saha
7	Ransa Saha	Bengali	Ransa Saha
8	Soma Saha	Bengali	Soma Saha
9	AJAY ALAM	Bengali	Ajay Alam
10	Monalisa Saha	English	Monalisa Saha
11	Saha Chandana	Bengali	Saha Chandana
12	Milon Das	English	Milon Das
13	IGANESHA DAS	English	IGANESHA DAS
14	SUNAYAN DAS	Pol. Sc.	SUNAYAN DAS
15	Mriganka Let	Philosophy	Mriganka Let
16	Debamal Mal	English	Debamal Mal

  
 Signature  
 Program Coordinator




  
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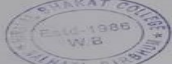
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Venue: Hiralal Bhakat College (Room No 23) Date: 05/12/2018

**Student's Registration**

Sl No	Name of the Participants	Department	Signature
1	Farinal Let	History	Farinal Let
2	Morimuddin Saha	Bengali	Morimuddin Saha
3	Nibasal Islam	Philosophy (Gen)	Nibasal Islam
4	CHIRANJIT KONAI	History (Gen)	Chiranjit Konai
5	SUROJIT MONDAL	English (Work)	Surojit Mondal
6	Dipankar Mondal	Bangali (Gen)	Dipankar Mondal
7	Bhaskar Mal	S.N.Sk. (Gen)	Bhaskar Mal
8	Fakir Ahmad	History (Gen)	Fakir Ahmad
9	Bikram Let	Bengali	Bikram Let
10	Sahar Ali Rabbi	Eng.	Sahar Ali Rabbi
11	Surya Saha	Bengali	Surya Saha
12	Krishna Let	English	Krishna Let
13	Lakita Biswas	Sanskrit	Lakita Biswas
14	Qasim Akram	Pol. Sc.	Qasim Akram
15	Manchan Mal	Bengali	Manchan Mal
16	Menu Let	Sanskrit	Menu Let
17	Khalada Begam	Bengali	Khalada Begam

  
 Signature  
 Program Coordinator





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**Student's Registration**

Sl No	Name of the Participants	Department	Signature
1	Priyanka Das	Physical Education	Priyanka Das
2	Nikita Maji	Political Sc	Nikita Maji
3	Basma Nasrin	B.A General	Basma Nasrin
4	Priya Mal	HISTOR	Priya Mal
5	Eadisa Khadar	B.A General	Eadisa Khadar
6	Anujit Saitit	Sanskrit	Anujit Saitit
7	Anv Mondal	Geo.	Anv Mondal
8	Aus Hasan	Political Science	Aus Hasan
9	Sakib Mustak	Philosophy	Sakib Mustak
10	Hemanta Mal	English	Hemanta Mal
11	MD. AFSARUL HASAN	Philosophy	MD. AFSARUL HASAN
12	Akbar Alam	History	Akbar Alam
13	Aminul Sakh	Account	Aminul Sakh
14	Fazma Khan	History	Fazma Khan
15	Nazima Khatun	Geography	Nazima Khatun
16	Kamal Sengupta	General	Kamal Sengupta
17	Keya Mondal	Geography	Keya Mondal

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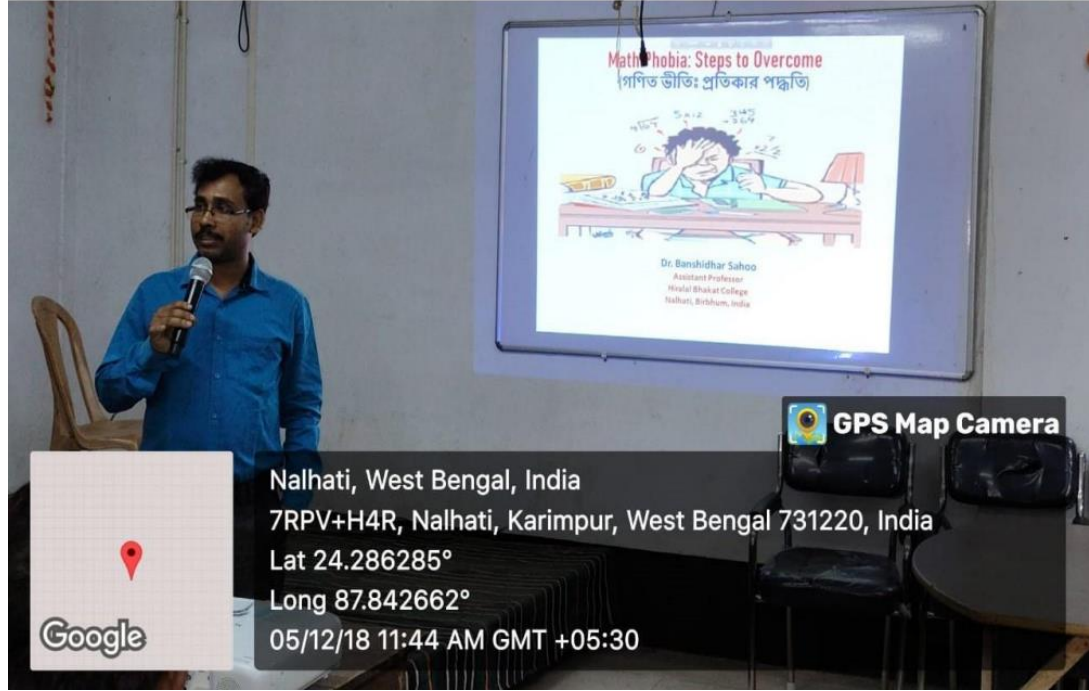
Date: 05/12/2018

**Student's Registration**

Sl No	Name of the Participants	Department	Signature
1	Abirjit Korum	PN-GEU	Abirjit Korum
2	Musawidun AK	B.A. His. (Hons)	Musawidun AK
3	Soupar Rasmalla	B.A. His (Hons)	Soupar Rasmalla
4	Nabandha Kundu	B.A. General	Nabandha Kundu
5	Nabanita Das	BA General	Nabanita Das
6	Ziarul Haque	B.A General	Ziarul Haque
7	Gopal Das	B.A general	Gopal Das
8	Sandip Mal	B.A (Bengali)	Sandip Mal
9	Pallabi Das	Sansk.	Pallabi Das
10	SUNANDA RAJBANSHI	Geography	SUNANDA RAJBANSHI
11	Rubi Mehera	Bengali	Rubi Mehera
12	Chhanda Sahu	Sanskrit	Chhanda Sahu
13	Sohail Sakh	History	Sohail Sakh
14	Chhanna Mal	Beng.	Chhanna Mal
15	Salma Khan	Bengali	Salma Khan
16	Chanda Das	Bengali	Chanda Das
17	Stuti Dewan	Bengali	Stuti Dewan

Signature  
 Program Coordinator





*Bha.*

Teacher-in-charge

Hiralal Bhakat College

Nalhati, Birbhum

*Teacher-in-Charge  
Hiralal Bhakat College  
Nalhati, Birbhum*

